

WHEN THE GOING GETS TOUGH, GET TALKING

Calling all crafty Aussies to put the message out, get talking and don't worry alone!

From the makers of MAN UP, the ABC TV series that challenged Aussie men to man up and speak up, comes a campaign challenging people across Australia to encourage others to talk when life gets tough.

We are inviting communities across Australia to come together and make a banner for your community hall, sports club, council chambers or local meeting place.

The banners **"When the going gets tough, get talking"** will be made by people in your community and displayed in your community for all to see.

The banners can be made from anything – it could be a quilt, a poster, made out of timber, metal, a spraypainted sign, an embroidered wall hanging – anything hand made.

Some examples are here –



Interested? Here's what you need to do:

- 1. Get together a group of friends to help you make the banner that says "When the going gets tough, get talking"** (Top tip: divide up the banner by letters or words)
- 2. Organise a place to display your banner** – your local hall or meeting place
- 3. Make your fantastic banner and hang it up in pride of place**
- 4. Take a picture of your banner AND with your group in front of it and email to us at boysdocry2021@gmail.com to share during the campaign**

If you have questions or want more information on how to get involved, email us at boysdocry2021@gmail.com

Together we can support each other when times are tough!